

# Bariatric surgery

**Body contouring following massive weight loss. This relatively new field of bariatric surgery involves a coordinated approach to removing excess tissue which results from massive weight loss.**

This consists of:

Removing excess or flabby under- arm and upper inner thigh

Tummy tuck or excising excess tissue from the whole lower torso

Breast augmentation and /or mastopexy (breast lift)

Neck lift

Buttock lift

Liposuction

Hernia repair

This can be very extensive surgery, and the patient must be fit, be of relatively normal weight, and not be a smoker.